Developing Intercultural Agility Among Short-term Study Abroad Students

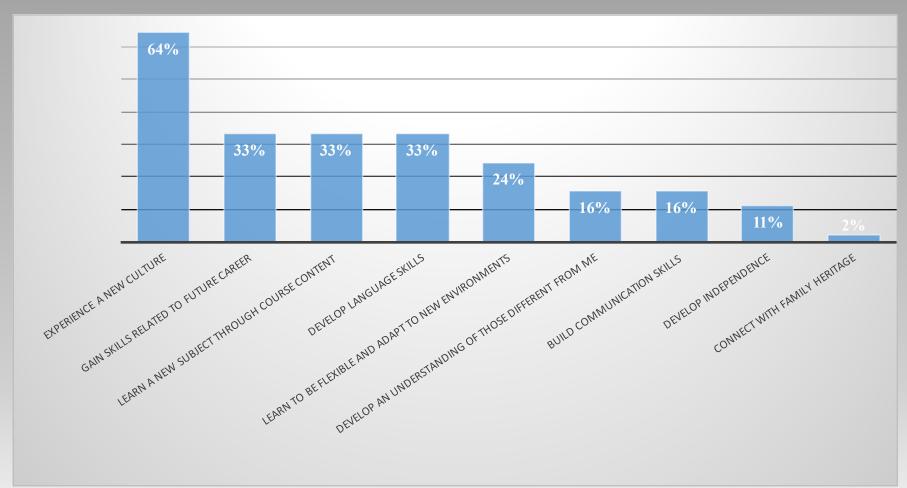
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Student Goals

Survey at pre-departure workshop





How do you see study abroad impacting your future?

Survey at pre-departure workshop



"better job after Brandeis"

"hope to build a clear direction for future career in public health"

"cultural awareness, independence, new connections"

"global citizen"



Dealing with expectations and performance

Student not a tourist







Opps, it is not what I thought







Dealing with expectations and performance

Exploring not judging







"Everything is culture"









Dealing with expectations and performance

What does success mean?







Learning from the Other and learning from myself







Dealing with expectations and performance

Embody cultural awareness







Re-defining or confirming foundations/goals









Student Check-Ins & Reflection Activity

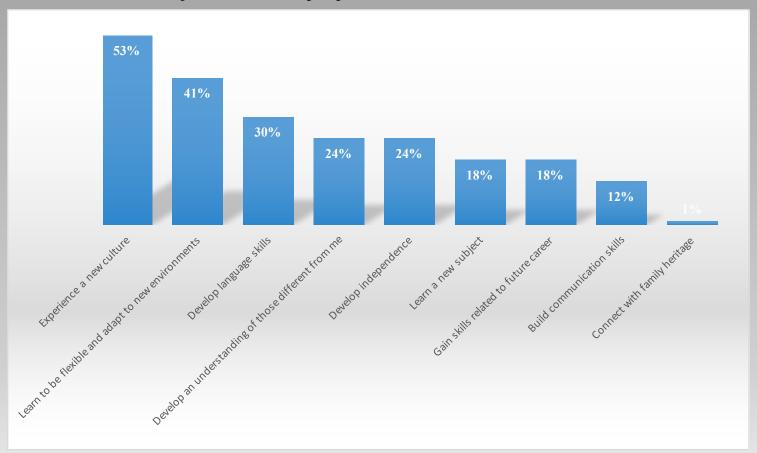
Wellness Activity: Over this next week, go to the nearest (or your favorite) park (or similar public space). Spend a full 30 minutes with all of your technology OFF and observe. Don't do anything else, just observe. What do you notice? How are you perceived? Write down 10 words that describe your experience.

- 1 Bonita Chinita
- 2 funny
- 3 curious
- 4 hungry
- 5 bold (when at the club and walking alone as a female)
- 6 explorer (the archeologists said this to me)
- 7 "negrita" (common term to describe black people)
- 8 skinny (people perpetually comment on my weight, not my host mom but people in the program)
- 9 "cara" (rich, sometimes I see that with the shades and clothes)
- 10 braids (Everyone touches my braids, because they're not used to seeing them. I usually don't mind.)



Student Goals

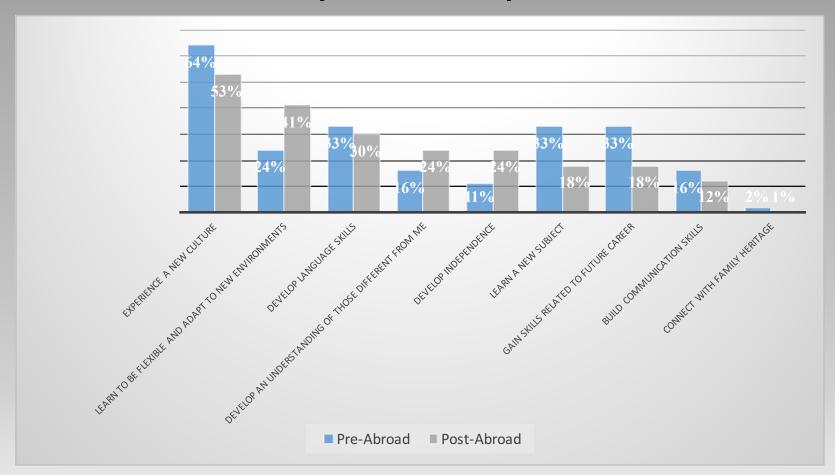
Survey while post-abroad / while abroad: which two goals do you believe you've best fulfilled while abroad?





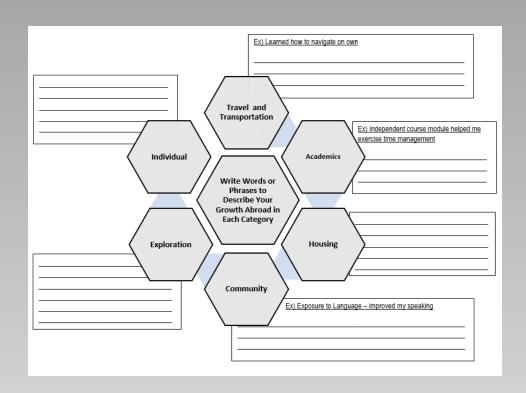
Student Goals

Pre and post-abroad comparison





Re-Entry Programming & Reflection



Study Abroad Re-Orientation



Study Abroad Skills

Think back on your experiences studying abroad as you read through each statement. Place a check mark next to those that describe your experience as part of living, working, studying, or traveling abroad. Put two check marks next to statements that were most significant.

| Communication Skills (Written & Verbal) | Check |
|---------------------------------------------------------------------------|-------|
| I regularly communicated/interacted with others in another language. | |
| I learned new culturally-appropriate ways to express myself. | |
| I had to listen and observe others in order to communicate appropriately. | |

| Problem Solving Skills | Check |
|----------------------------------------------------------------------------|-------|
| I resolved a conflict based on misunderstandings of a cultural difference. | |
| I collaborated with a diverse team or group to accomplish a task or goal. | |
| I worked through a crisis or stressful situation. | |
| I managed my time and juggled multiple priorities. | |

| FlexIbility/Adaptability | Check |
|-------------------------------------------------------------------------|-------|
| I had to adjust quickly to new situations and unexpected circumstances. | |
| I learned to navigate my way in new places. | |
| I was self-reliant and independent at times. | |
| I became more comfortable taking risks. | |

| Interpersonal Skills | Check |
|-----------------------------------------------------------------------------------------|-------|
| I gained a new understanding of another culture or lifestyle. | |
| I made friends/acquaintances in a culture different from my own. | |
| I asked for and received help from others. | |
| I learned more about the role of goals, beliefs, and values in individual interactions. | |

| World View | Check |
|---------------------------------------------------------------------------|-------|
| I am more aware of values and lifestyles other than my own. | |
| I am more aware of how the U.S. is perceived in other parts of the world. | |
| I learned about personal/political issues outside America. | |
| I learned about the key role of culture in global relations. | |

Describe Your Skills

Employers and graduate schools value the skills you gained abroad, but they need your help to see how those skills connect to them. Review one of the sets of skills above and provide an example highlighting your experience.

| Brainstorm: | |
|-------------|-----------|
| Location: | Activity: |
| | |
| Skill: | Outcome: |
| Skill: | Outcome: |



Take-away Thoughts

- Attainable goal setting
- Importance of reflection
- Student-first mentality
- Importance of re-entry

