

STUDY ABROAD PACKING LIST



* ESSENTIALS

- ☐ Phone (unlocked)
- ☐ Passport & driver's license
- ☐ Visa, CISI insurance card, CDC vaccine card, emergency contact info & address abroad
- ☐ Copies of travel documents
- ☐ Credit/debit card & cash
- ☐ Luggage, backpack & cross-body bag

✿ CLOTHING

- ☐ Packing cubes & laundry bag
- ☐ Undergarments & sleepwear
- ☐ Versatile clothing
- ☐ Comfortable shoes, dressy shoes & sandals
- ☐ Rain jacket & other seasonal outerwear
- ☐ Swimsuit
- ☐ Sunglasses & hat

↘ PERSONAL CARE

- ☐ Everyday toiletries in travel bottles
- ☐ Medication & prescriptions (must be in original packaging)
- ☐ Feminine hygiene products
- ☐ Small first-aid kit
- ☐ Quick-dry towel
- ☐ Reusable water bottle & travel snacks

✿ SUPPLIES

- ☐ Electronic devices & chargers
- ☐ Corded & bluetooth headphones
- ☐ Adapters & converters
- ☐ School supplies & school ID
- ☐ Photos or mementos from home
- ☐ Host family gift & recipes to share
- ☐ Miscellaneous: Carabiners, headlamp, lock